**Heritage Builders Tips – January 2015**

***Compliment Fight***

Everyone knows what an insult fight is.  Instead, start a compliment fight!  Go around the table and everyone go at it!  Compliment each other like you were having an insult fight, but with compliments.  "You are great at fixing things!"  "Oh, yeah? Well, you are a great swimmer!"  "Oh yeah? Well, you're the fastest biker in the neighborhood," etc.  Really let each other have it.  Ask:  How did it feel to have so many compliments hurled at you? Which were your favorites? Read Ephesians 4:32: "Be kind and compassionate to one another, forgiving each other, just as in Christ, God forgave you."  Share:  We've all had people say unkind things to us.  What the world needs is more kindness.  When people are kind to us, it makes our whole day better, no matter what else is happening.  You can do that for others.  Do you know the difference between a thermometer and a thermostat? A thermometer only reads the temperature, but a thermostat sets the temperature.  By being a kind person, you can be a thermostat wherever you go, setting the spiritual temperature of the room.  Other people's spiritual temperature can go up because you were there being kind and sharing God's love.  Everyone share the name of one person you know who could use a touch of God's kindness, or maybe a family you know that your family could do something kind for as a group.